

MARION COULDERY

PREVIOUS EXPERIENCE RELEVANT TO THE WORK OF THE OLDER PEOPLE'S COUNCIL

1. My working career was in Social Services. I directly managed residential care homes for older people in Brighton and later, in Lewes, was responsible for two residential care homes as well as home care services and occupational therapy services.
2. In 1983 I moved to Croydon to manage services for older people and this included the section responsible for the inspection of private residential care homes.
3. While working in Croydon I studied at the University of Kent for an MA in the Management of Community Care Services.
4. I retired in 1998 and became a Magistrate in the Brighton Court, retiring from this at the age of 70 in 2005.
5. I also served as a member, and also Chair of the Community Health Council, (which monitored NHS Services locally) until it was replaced by the PALS system some years ago.
6. In 2006, I became a Volunteer in the Information and Advice Section at Age Concern (now AgeUK). Since then I have covered the Information Desk for one day a week answering all manner of queries from older people both in person and on the telephone.
7. In 2009 I became a member of the Well Being of Older People research project set up by the University of Brighton and Age Concern. I remained involved until the final report earlier this year and played a significant part in producing the booklet 'As Time Goes By', which passes on ideas to promote well being which were generated by the research.
8. Currently I am a member of a group developing training materials, based on the research, for people working in services for older people.
9. For the past 10 years I have been Leader of the Brighton RSPB Group. I am especially proud of the way we make it possible for older members, into their 80's and 90's, to continue remain active members of the group and to continue with a life time hobby.
10. I have lived in Hove for over 40 years, am married with three children and nine grandchildren.

Marion Couldery, July 2012